



## Which Vitamins and Supplements Are Right For Me?

Wednesday, September 14, 2016

1:00 pm to 2:00 pm  
CMC Mercy Auditorium  
2001 Vail Avenue,  
Charlotte NC 28207  
& Webinar

*Co-sponsored by Charlotte AHEC and  
The University of North Carolina Eshelman School of Pharmacy*

### Target Audience

Pharmacists

### Goal

This knowledge-based CPE activity will provide the healthcare professional with a better understanding of vitamins and supplements and effective strategies for counseling patients on their use.

### Pharmacist Course Objectives:

At the completion of this knowledge-based activity, the participant should be able to:

1. Identify resources for reliable information regarding vitamins and supplements
2. List 3 common supplements and key counseling points

### Registration

Participants must sign in at the registration table before the start of the program. Registration and check-in will begin at 12:30 pm. Webinar participants may check into the virtual meeting space beginning at 12:30 pm. The course begins promptly at 1:00 pm and ends at 2:00 pm with the course schedule and costs as follows:

12:30 to 1:00 pm Registration, Check-In by both live and webinar participants

1:00 pm to 2:00 Pm Vitamins and Supplements  
Kim DeRhodes, BS RPh

### Course Fees

CHS Pharmacists: No fee

All Other Pharmacists: \$30.00

**AHEC Refund Policy:** Individuals who register for a course and cancel between 2 weeks and up to 48 hours prior to the program will receive a 70% refund. If you cancel more than 2 weeks in advance of the course, there is a \$25.00 cancellation fee. No refund will be given for individuals who cancel less than 48 hours prior to the program. Substitutes are welcome. Cancellations MUST be in writing (fax, mail or email). If possible, please notify us of this change prior to the program.

**Continuing Education Credit For Pharmacists:**



The University Of North Carolina Eshelman School Of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. The program ACPE# 0046-9999-16-155-L04-P (Pharmacist) and provides 1.0 contact hours of continuing pharmacy education credit. To receive CE credit, you must complete the CE attendance form and the evaluation of the program. Statement of credit can be viewed and printed in CPE Monitor. Statements of CE Credit will be processed in approximately 2 to 3 weeks.

**\*\*No partial credit will be available\*\***

**Course Coordinators**

**Josh Guffey, PharmD, BCACP, BC-ADM, CDE**, Associate Director, Pharmacy Education, Charlotte Area Health Education Center (AHEC), Clinical Assistant Professor, UNC Eshelman School of Pharmacy

**Sarah Ashcraft**, Education Specialist, Pharmacy Education, Charlotte Area Health Education Center (AHEC)/Regional Education  
704-355-3873

**Faculty**

**Kim DeRhodes, BS, RPh** Pharmacist/Natural Medicine Specialist, CMC-Mercy Hospital/CMC-Morrocroft Pharmacy, Charlotte NC

**ADA:** If you need any of the auxiliary aids or services identified in the Americans with Disabilities Act in order to attend this program, please contact the Charlotte AHEC office at (704) 512-6523.

**Contact Sarah Ashcraft:**  
[sarah.ashcraft@carolinashealthcare.org](mailto:sarah.ashcraft@carolinashealthcare.org)  
**for information on this program!**